



# Food Resources



## On-Campus Resources



**Food Pantries:** Students enrolled at either UW-Bothell or Cascadia College can access their college's food pantry. Check the website for up-to-date information on hours of operation and current offerings:

- **UWB:** Husky Pantry in ARC 120 (Health and Wellness Resource Center) \_\_\_\_\_



- **Cascadia:** Kodiak Cave in LB2-006 (Across from the ARC, next to Campus Safety office) \_\_\_\_\_



**Hopelink Mobile Market:** Twice per month, the Hopelink Mobile Market is on campus handing out free groceries! Offerings may include local produce, pantry staples, frozen meat, and milk/eggs. Bring your own bag!

Hours: 1st and 3rd Thursday of the month from 11:30 am-12:30 pm

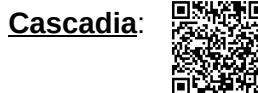
Location: In front of the ARC (18115 Campus Way NE)

Eligibility: Open to all students, staff, and community members

For more info  
and full schedule



**Emergency Grant Funding:** Both UW Bothell and Cascadia College offer students a one-time emergency grant, which can be used for food, if needed, amongst other necessities. Students can request up to \$1000 one time per quarter. To access more information and submit a request, follow the QR code:



## Off-Campus Community Resources

Below is a list of the food banks/food pantries that are closest to campus. Please check the individual location's website for open hours, eligibility (i.e. ID requirements, local address requirements, etc.), and other information.

- Kirkland/Northshore Hopelink Market and Service Center: <https://www.hopelink.org/locations/kirkland-northshore/>
- Food Bank at Cedar Park Kenmore Church: <https://cpkenmore.com/food-bank>
- Woodinville Storehouse Food Bank: <https://www.woodinvillestorehouse.org/>
- Canyon Hills (Bothell) Community Church Food Bank: <https://www.canyonhillscommunitychurch.com/assistance/>
- Bellevue Hopelink Market and Service Center: <https://www.hopelink.org/locations/bellevue/>
- Mill Creek Community Food Bank: <https://www.hopecreekcf.org/mccfb/>

Need something closer to you? Here's how to find additional support:

- **Food Lifeline:** For a map of local food resources: <https://foodlifeline.org/need-food/#map>
- **USDA National Hunger Hotline:** Can call 1-866-3-HUNGRY to speak with a representative or text the automated service at 914-342-7744, to find food resources such as meal sites, food banks, and other social services available near your location.
- **211:** King County 2-1-1 connects you with a variety of support services. To reach 211, dial 2-1-1 or 866-427-4747 or visit [King County Crisis Connections](#)

4/2024

Disclaimer: This information is provided as a convenience and for informational purposes only; they do not constitute an endorsement or an approval by the Health and Wellness Resource Center of any of the products, services or opinions of the corporation or organization or individual. This document was made by the Health and Wellness Resource Center. Please contact us at [hawrc@uw.edu](mailto:hawrc@uw.edu) with any questions or corrections.

# Public Assistance

## What is Basic Food?

In Washington State, Basic Food, also known as the Supplemental Nutrition Assistance Program (SNAP), EBT, and/or food stamps, provides individuals and families with more money for groceries.  
<https://www.dshs.wa.gov/esa/community-services-offices/basic-food>



**How it works:** Each month, Basic Food dollars are automatically loaded onto an EBT card, which functions similarly to a prepaid debit card. Your EBT card is accepted at grocery stores, limited online stores, and at many farmers markets.

**Immigration Status:** Basic Food is not considered as part of the public charge rule and does not impact immigration status. Mixed-status households can ALWAYS apply on behalf of eligible children.

## Other Benefits with Basic Food:

- [SNAP Market Match](#) allows individuals and families to double their Basic Food benefits at WA state farmers markets.
- Community and technical college students qualify for [the Basic Food Employment and Training \(BFET\) program](#), an education and work training program that can help with books, tuition, and childcare subsidies. Cascadia College: <https://www.cascadia.edu/programs/workforce.aspx>
- Sign up for a [reduced cost YMCA membership](#) in the Greater Seattle Area
- Many local attractions offer reduced cost tickets including the [Seattle Aquarium](#) and some [Seattle museums](#).
- Children in families with Basic Food are automatically enrolled in [Free or Reduced School Meals](#) and may be eligible for the [Women Infant and Children \(WIC\) program](#).

## HOW TO SIGN UP?

Students must complete **a)** an application and **b)** an interview with DSHS in order to be eligible. You may complete an online application by using the [www.WashingtonConnection.org](http://www.WashingtonConnection.org) website, applying by phone at 877-501-2233 or going to your local [Community Services Office](#).

## Still Have Questions?

Email the Health and Wellness Resource Center at [hawrc@uw.edu](mailto:hawrc@uw.edu)

## Follow Us On



[uw.edu/student-affairs/hawrc](http://uw.edu/student-affairs/hawrc)



@[hawrc\\_uwbcc](#)



@[HAWRC](#)



4/2024

Disclaimer: This information is provided as a convenience and for informational purposes only; they do not constitute an endorsement or an approval by the Health and Wellness Resource Center of any of the products, services or opinions of the corporation or organization or individual. This document was made by the Health and Wellness Resource Center. Please contact us at [hawrc@uw.edu](mailto:hawrc@uw.edu) with any questions or corrections.