



Crisis Resources

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Crisis Lines

988 Suicide & Crisis Lifeline

- Phone or text: 988
- Website: [988 Lifeline](#)

Crisis Connection 24-hr Crisis Line

- Phone: 1-866-427-4747
- Website: [Crisis Connection 24-hr Crisis Line](#)

Crisis Text Messaging

- [Crisis Text Line](#): Text "HOME" to 741741
- Muslim Crisis Text Line: Text "SALAM" to 741741
- [People of Color Text Line](#): Text "STEVE" to 741741

BIPOC

- [Blackline](#): 1-800-604-5841

Indigenous

- Phone or text 988 and choose option **4**

LGBTQ

- Phone or text 988 and choose option **3**
- [Trevor Lifeline](#): phone 1-866-488-7386, or text 678-678
Provides crisis intervention and suicide prevention to LGBTQ youth ages 13-24.
- [Trans Lifeline](#): phone 1-877-565-8860

Muslim

- [Amala Muslim Youth Hopeline](#): phone 855-95-AMALA (855-952-6252)

Spanish

- Phone or text 988 and choose option **2**
- [Ayuda en la crisis Español](#): Call 1-888-628-9454

Asian

- [Asian LifeNet Hotline](#): call 1(877) 990-8585
Cantonese, Mandarin, Japanese, Korean, Fujianese are offered



Veterans

- [Veterans Crisis Line](#): Phone or text 988 and choose option 1

Washington Warm Line

Peer support for people living with mental illness

- Phone: 1-877-500-9276
- Website: [Washington Warm Line](#)

Alcohol/Drug 24-hour Helpline UW Violence

- Phone: (206) 722-3700 or 1-800-562-1240

Prevention & Response (SAFECAMPUS)

Hotline for students, faculty, and staff regarding violence prevention.

- Phone: 206-685-SAFE (7233)
- Website: [SAFECAMPUS](#)

International Help Center

Currently not in the USA. Find Emergency Numbers and Suicide Hotline Numbers from around the world. https://www.suicidestop.com/call_a_hotline.html

Hospitals

Evergreen Hospital

- Address: 12040 NE 128th Street, Kirkland, WA. 98034 (*for Emergencies, use west entrance and parking*)
- ER Phone: (425) 899-1700
- Hospital Medical Center: (425) 899-2736
- General Questions: (425) 899-1000
- Website: [24-Hour Emergency Care](#)

Evergreen Health

- Address (Redmond ER): 8980 161st Ave. NE, Redmond, WA. 98052
- Phone: 425-883-3333
- Website: [Evergreen Health](#)

Fairfax Behavioral Health

Fairfax provides acute mental health inpatient, partial hospitalization and chemical dependency programs.

- Kirkland Address: 10200 NE 132nd St., Kirkland, WA. 98034



- Everett Address: 916 Pacific Ave, Everett, WA. 98201
- Monroe Address: 14701 179th Ave. SE., Monroe, WA. 98272
- Phone: (425) 821-2000
- Website: [Fairfax Behavioral Health](#)

Harborview Medical Center Emergency Medicine

This center provides mental health evaluation and in-patient services.

- Address: 325 9th Avenue, Seattle, WA. 98104
- Phone: (206) 744-3000
- Website: [Harborview Medical Center](#)

Overlake Emergency & Trauma Center

Overlake Hospital provides same day/next day urgent mental health evaluations, inpatient/day hospital treatment programs and chemical dependency evaluations.

- Address: 1035 116th Ave NE, Bellevue, WA. 98004
- Phone: (425) 688-5000
- Trauma Center: (425) 688-5100
- Physician referral line: (425) 688-5211
- Website: [Overlake Emergency & Trauma Center](#)

Swedish Medical Center

Swedish Medical Center provides acute mental health inpatient and partial hospitalization programs.

- Address: 21601 76th Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4090 (*Mental Health Intake*)
- Website: [Swedish Medical Center](#)

Northwest Hospital & Medical Center

- Address: 1550 N. 115th Street, Seattle, WA. 98133
- Phone: (206) 364-0500
- Website: [NW Hospital & Medical Center](#)

Swedish/Edmonds Hospital

- Address: 21601 76th Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4000
- Website: [Swedish/Edmonds Hospital](#)

Swedish/Redmond Emergency Room

- Address: 18100 NE Union Hill Road, Redmond, WA. 98052
- Phone: (425) 498-2020



- Website: [Swedish/Redmond Emergency Room](#)

Swedish/Mill Creek Hospital

- Address: 13020 Meridian Ave. S. Everett, WA. 98208
- Phone: (206) 386-6000
- Website: [Swedish/Mill Creek Hospital](#)

Partial Hospitalization Program

Cascade Behavioral Health

Offers Partial Hospitalization Program (PHP), and on-site or virtual Intensive Outpatient Program (IOP). Two Addresses:

- Address: 12844 Military Rd S, Tukwila, WA 98168
- Phone: (855) 978-1284
- Address: 1300 114th Avenue SE. Suite 100, Bellevue, WA 98004
- Phone: (206) 248-4787
- Website: [Cascade Behavioral Health](#)

Fairfax Behavioral Health

Offers Adult Day Program (PHP) and Adult Evening Program (IOP)

- Kirkland Address: 10200 NE 132nd St., Kirkland, WA. 98034
- Everett Address: 916 Pacific Ave, Everett, WA. 98201
- Monroe Address: 14701 179th Ave. SE., Monroe, WA. 98272
- Phone: (425) 821-2000
- Website: [Fairfax Behavioral Health Adult Outpatient Programs](#)

Overlake Adult Day Hospital Program (PHP)

Need referral from outpatient therapist. Download the [referral form](#).

- Address: 1035 116th Ave NE, Bellevue, WA 98004
- Phone: (425) 688 - 5000
- Website: [Overlake Adult Day Hospital Program](#)

Swedish Edmonds Partial Hospitalization Program

- Address: 21601 76th Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4098
- Website: [Swedish Edmonds Partial Hospitalization Program](#)



Thira Health

Offers Partial Hospitalization Program, and morning or evening Intensive Outpatient Program

- Address: 11400 SE 6th St Ste 200, Bellevue, WA 98004
- Phone: (425) 620 - 4266
- Website: [Thira Health](#)