



# LGBTQ Counseling and Resources

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## University of Washington – The Q Center

- LGBTQ resources, events, support groups, and mentorship.
- Address: 4001 Northeast Stevens Way, Seattle WA. 98195 (*Husky Union Building, Rm 315*)
- Website: The Q Center

## LGBT National Help Center

- National Hotline: 1-888-843-4564
- Youth Hotline: 1-800-246-7743
- Website: [LGBT National Help Center](#)

## Trevor Lifeline

Provides crisis intervention, suicide prevention, and life-affirming services to LGBTQ youth ages 13-24.

- Phone: 1-866-488-7386
- Website: Trevor Lifeline

## Trans Lifeline

- Phone: 1-877-565-8860
- Website: Trans Lifeline

## Entre Hermanos

Focuses on gay, lesbian, bisexual and transgendered individuals within the Latin community.

- Address: 1621 S Jackson St. Suite 202 Seattle, WA 98144
- Phone: (206) 322-7700
- Website: Entre Hermanos

## Gay City Crisis

Resources for LGBTQ communities.

- Address: 400 E. Pine St. Suite 100, Seattle, WA. 98122
- Phone: (206) 860-6969
- Website: Gay City Crisis



### Ingersoll Gender Center

Transgender resource center. Includes peer support groups and lists of medical and mental health providers who work with the trans community.

- Address: 911 E Pike St. Suite #221, Seattle, WA. 98122
- Phone: (206) 849-7859
- Email: [info@ingersollgendercenter.org](mailto:info@ingersollgendercenter.org)
- Website: Ingersoll Gender Center

### National Queer and Trans Therapists of Color Network (NQTTCN)

Directory of queer and trans therapist of color. Also provide mental health fund for people seeking mental health support.

- Website: [NQTTCN](http://NQTTCN)

### Northwest Network of Bi, Trans, Lesbian and Gay Survivors of Abuse

- Phone: (206) 568-7777
- Website: NW Network

### Pride Counseling

Online counseling resources available for the LGBTQ community.

- Website: Pride Counseling

### Seattle PFLAG- Parents, Families, and Friends of Lesbians and Gays

Support for families, allies and people who are LGBTQ.

- Phone: (206) 325-7724
- Website: Seattle PFLAG

### Therapy Den

Therapists who specialize in supporting the trans community.

- Website: [Therapy Den](http://Therapy Den)

### Washington Gender Alliance

Transgender support group.

- Phone: (877) 565-8860
- Website: Washington Gender Alliance



## The Association of LGBTQ+ Psychiatrists

Referral to LGBTQ+ identified Psychiatrists

- Website: [AGLP](#)

## Cedar River Clinics

LGBTQ health care services.

- Phone: 1-800-572-4223
- Website: Cedar River Clinics
- Phone: (800) 572-4223
- Seattle Location: 509 Olive Way, Suite 1454, Seattle, WA. 98101
- Renton Location: 263 Rainier Ave. South, #200, Renton, WA. 98057
- Tacoma Location: 1401-A Martin Luther King Way, Tacoma, WA. 98405

## LGBTQ+ Scholarships for College Students

- Website: [LGBTQ + Scholarships for College Students](#)