

# FIRST YEAR & PRE MAJOR PROGRAMS

# FIRST YEAR STUDENTS MIGHT BE HEARING

- GET TO THE POINT
- TRY NEW THINGS
- DEFINE CAREER GOALS
- BE CREATIVE
- THINK DIFFERENT
- PRIORITIZE YOUR PASSIONS
- BUILD PROFESSIONAL RELATIONSHIP
- NEVER GIVE UP
- TRUST YOURSELF
- BE POSITIVE
- DON'T LIMIT YOURSELF

# FIRST YEAR COMMUNITY

- MEETING NEW PEOPLE & FINDING COMMUNITY
- CONNECTING WITH FACULTY & CAMPUS RESOURCES
- DISCOVERING ACADEMIC & PROFESSIONAL INTERESTS

# DISCOVERY CORE EXPERIENCE

- FALL QUARTER DCX (REQUIRED)
- FIRST-YEAR COMMUNITY
- SMALL CLASS SIZES
- INTRODUCES STUDENTS TO:
  - CAMPUS RESOURCES
  - INTERDISCIPLINARY LEARNING
  - COLLEGIATE-LEVEL THINKING

# INTERDISCIPLINARY & REFLECTIVE

- EMPHASIS ON GROWTH IN EDUCATION: BUILDING CONNECTIONS, GENERATING QUESTIONS, & SYNTHESIS OF IDEAS
- REFLECTION BUILDS FOUNDATION FOR BUILDING AND EXPRESSING CAREER-READY SKILLS

# FULFILLS UWB REQUIREMENTS

- GENERAL EDUCATION REQUIREMENTS
- AREAS OF INQUIRY REQUIREMENT
- DIV(ERSITY) REQUIREMENT
- LINKED WRITING COURSE (10 CR)

# WHAT IS A META-MAJOR?

- META MAJORS ARE GROUPS OF MAJORS THAT HAVE THINGS IN COMMON LIKE:
  - COMMON CLASSES
  - AREAS OF LEARNING
  - CAREER GOALS
- BASED ON INTENDED MAJOR OR FIELD OF STUDY, HELP UNDERGRADUATE STUDENTS DISCOVER:
  - ACADEMIC
  - CO-CURRICULAR
  - RESEARCH OPPORTUNITIES

# WHAT DO ADVISORS DO?

- HELP STUDENTS UNDERSTAND DEGREE REQUIREMENTS AND HOW TO FIND RELATED CLASSES
- PROVIDE STRATEGIES FOR NAVIGATING ACADEMIC AND UNIVERSITY LIFE
- CONNECT STUDENTS TO CAMPUS RESOURCES



# HOW CAN FAMILIES HELP?

- YOUR AUTHENTIC SUPPORT MEANS THE MOST!
- KNOW THEY SHOULD BE STUDYING 30-45 HRS/WEEK
- ASK IF THEY HAVE ATTENDED FACULTY OFFICE HOURS
- ENCOURAGE THEM TO JOIN A CLUB & CONNECT WITH THEIR CAMPUS COMMUNITY
- ENCOURAGE THEM TO MEET WITH THEIR ADVISOR EVERY QUARTER

# CONNECT WITH ADVISING BY:

- CHECKING OUT OUR WEBSITE WHERE YOU CAN:
  - SCHEDULE A 30-MINUTE APPOINTMENT
  - VIEW “MAJOR PLANNING” WORKSHEETS
- EMAILING US AT [UWBADVIS@UW.EDU](mailto:UWBADVIS@UW.EDU)
- VISITING US UW1 (FOUNDERS HALL) - ROOM 160