

Global health is a diverse field of research and practice that aims to improve population health and work towards equity for all people. In the Global Health Minor students learn about past, current, and future global health trends, and study how policies, technologies, and social movements attempt to improve health around the world.

## KEY PROGRAM HIGHLIGHTS

In this program, students have ample opportunities to engage in skill-building through experiential, practice-oriented, and problem-based learning. Cultural humility, social justice, equity, and inclusion are core principles throughout the minor experience and curriculum.

We invite students from different backgrounds and with diverse career plans to consider how their training can be applied to global health, such as:

- Health studies or Pre-Health students who have, or want to develop experience working internationally.
- Engineering students who are interested in developing new technologies to improve health.
- Environmental science students who want to better understand how environmental and human health are connected.
- Biology students who want to know more about new and emerging diseases, neglected and under-funded diseases, or how social conditions influence human biology.
- Global Studies students interested in how health is related to social, economic, and political forces around the world.

### READY TO DECLARE?

> Contact your primary major advisor by email or in person to submit a Change of Minor form.

> Follow up with the Health Studies advisor (uwbhns@uw.edu) if you have any questions moving forward!



*Photo: NHS students distribute supplies to villagers during a study abroad trip to Guatemala led by Dr. Mabel Ezeonwu.*

## LEARNING OBJECTIVES

1. Enable students to critically analyze global trends and issues that impact health and wellbeing at local, regional, national, and transnational levels.
2. Increase students' understanding of programs, policies, and social movements that aim to address and improve health.
3. Build a foundation for lifelong learning about cultural humility, social justice, equity, and inclusion by helping students develop cognitive, affective, and behavioral skills that help them to work and interact across social, economic, and cultural contexts.
4. Encourage students to apply knowledge to practice by building their understanding of work, advocacy, or study opportunities either in the field of global health, or in related disciplines and field.

## Requirements

Students are required to complete a total of 25 credits of coursework. No more than 10 credits from the minor can overlap with your chosen major.

### Core:

- BHLTH 201 Intro to Global Health
- BHLTH 301 Global Health Practice: Systems, Places, & People
- BHLTH 423 Global Health: Critical Perspectives

### Electives:

- 10 credits of electives from the Global Health Minor approved list, from two of the three categories.
  1. Core Topics in Global Health
  2. Populations, Regions, & Issues
  3. Skills & Applications



*Photo: NHS students in Monte Cristi, Dominican Republic working with Timmy Global Health International Brigade program.*

### Questions?

NHS Office: UW1-211  
Phone: 425-352-5376  
Email: [uwbnhs@uw.edu](mailto:uwbnhs@uw.edu)

## WHAT MAKES THIS MINOR UNIQUE

### Cross-disciplinary & cross-campus approaches

> Core courses in the minor prioritize a trans-disciplinary approach to thinking about population health and global health interventions. Students may choose from a wide array of electives, including courses on both the UW Bothell and Seattle campuses.

### Balancing local & global perspectives

>The global health minor recognizes that health issues, trends, and opportunities occur on a continuum from local to global and are shaped by both local and global inequities. We aim for a balance between issues in our own locality and in international sites, and between perspectives and knowledge from both the global North and South. Students will have opportunities to engage in study and practice related to health issues in their local area as well as in non-US sites.

### Community engaged, connected, & global learning

> Courses in the minor offer opportunities to participate in community-based and community-engaged learning. Connected international learning opportunities are also offered. Students will be able to receive credit for relevant community-based learning and study abroad courses offered at the UW.

### An emphasis on skills

> Students will have ample opportunities to develop practical skills that can be applied in pursuing graduate education, internships, volunteer positions, and professional jobs, and international experiences. Core courses and electives will use case-based learning, skills and application labs, advocacy-oriented curricula, and opportunities to apply practical knowledge in real-world settings. Students also can use credit for world language study as electives.

### An upstream approach to health and inequity

> The global health minor uses an approach to health that recognizes how social, political, economic, and geographic trends can shape individual and population health. Students will be encouraged to use social justice approaches to better understand and address health and social inequity.